ST. PAUL'S GREEK ORTHODOX COMMUNITY OF REGINA

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Council President:
Chris Perentes
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Submission deadline: Feb. 15th
Secretary:
Marina Sellis
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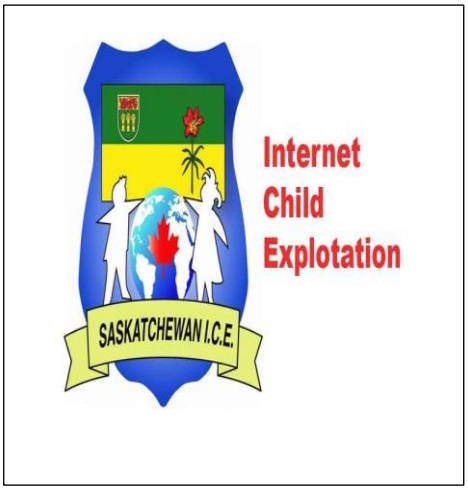
COMMUNITY NEWS



Regina Police Services: Sask. ICE Unit Presentation

Where: St. Paul's Greek Orthodox Church Hall
When: Thursday, February 6th at 7:00 -8:30 pm
(Doors open @ 6:45 pm; presentation begins @ 7:00 pm SHARP)

The Saskatchewan Internet Child Exploitation (ICE) Unit will present an informative session on combatting child predators on the Internet. The session will look at the importance of parents/guardians, and include information on internet safety, child safety, the dangers of social media applications, unfettered internet usage and the lack of understanding of what each application can do. There will be time for questions at the end of the presentation. **This presentation is suitable only for parents/guardians, and adults 18 years of age or older only.** Thank you for your cooperation.

For more information please contact: **Ana Maria Kontsiotis @ 306-501-8838** or **Maria Aiginitis @306-596-9397**.

$26,650 Raised between October and January to Assist Three Children with Health Problems

A sincere **THANK YOU** to the members of St. Paul's Greek Orthodox Community for your generous donations to assist three children in need of medical treatment.

In October 2019 we sent $6,000 to Patra to help a child that needed specialized hearing aids. In January 2020, we raised $10,325 for each of two children, one in Greece and one in Toronto. Once again the members of our community have shown the spirit of helping those in need.
Besides the individual members of St. Paul's Greek Orthodox Community, we also want to acknowledge the following for their donations:
Philoptochos Society, Daughters of Penelope, MetYouth Regina, Regina Greek Golf Charity, Lifegiving Font Greek Orthodox Community of Swift Current and Sts. Anargyroi Greek Orthodox Community of Yorkton.

The Philokalia Trust Fund was set up in 2003 at the request of the family of Nick Georgoulis. Donations to this fund are used to assist those that have dire financial need. Donations to this fund can be made at any time. Make cheques payable to St.Paul's Greek Orthodox Church and indicate "*Philokalia Trust Fund*" on the memo line.

SAINT PAUL'S GREEK ORTHODOX CHURCH • PROGRAM FOR FEBRUARY 2020
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ Ο ΑΓΙΟΣ ΠΑΥΛΟΣ • ΦΕΒΡΟΥΑΡΙΟΣ 2020

DAY	PROGRAM	SERVICES	TIME
Sunday February 2nd	**Η Υπαπαντή Του Κύριου** Our Lord's Presentation In The Temple	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Sunday February 9th	**Αρχή Τριωδίου** - Triodion begins **Κυριακή του Τελώνου και Φαρισαίου** – Sunday of the Publican and the Pharisee	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Monday February 10th	**Του Αγίου Χαραλάμπους** Charalampos The Holy Martyr	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 10:30 a.m.
Sunday February 16th	**Κυριακή του Ασώτου Υιού** Sunday of the Publican and the Pharisee	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Wednesday February 19th	Services will be held: Lifegiving Font Church, **Swift Current**	**Θεία Λειτουργία** Divine Liturgy	7:00 p.m.
Παρασκευή 21 Φεβρουαρίου, ο Πατήρ Σπυρίδων θα παραλαμβάνει τα πρόσφορα για το Ψυχοσάβατο από τις 5:00 – 6:00 το απόγευμα			
Saturday February 22nd	**Α΄Ψυχοσσάβατον** 1st Soul Saturday	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 10:45 a.m.
Sunday February 23rd	Κυριακή της Αποκρεώ **Meatfare Sunday**	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Luncheon *to follow Church Services in commemoration of St. Philothei, patron saint of the Ladies of Philoptochos Society*		
Monday February 24th	Services will be held: SS. Anargyroi Church, **Yorkton**	**Θεία Λειτουργία** Divine Liturgy	7:00 p.m.
Saturday February 29th	**Β΄Ψυχοσσάβατον** 2nd Soul Saturday	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 10:45 a.m.

Mnimosina:

February 16th: one year memorial service for **Nick Lygouriatis**.

February 23rd: 6 month memorial service for **Efstathia Kalmoukis**

Funeral:

The servant of God **Ourania Skagos** fell asleep in the Lord on December 5th.

New Council Member Announcement

Our 2019-2020 community council has been working hard but without a full complement of members for the past year. One position has remained unfilled. It is with great pleasure that we announce Mr. Konstantine Giannoutsos will bring us up to 'full strength'. He will be sworn in at the next council meeting on February 3, 2020. His term will coincide with the current council's term which ends at the end of this year. Join us in wishing him well!

Mosaic 2020

Committee Heads needed

Mosaic is fast approaching. We are looking for few individuals to step up and put forth that extra effort to make Mosaic another success. Below are the positions we are needing to fill. Please contact Vasilis Vandoros for more information or if you wish to take on a position at (306)539-2352 or Vasilis_vandoros@hotmail.com

Pavilion Manager (Job Shadow)

Set up / Tear Down (Job Shadow)
Food Line

Bar Tickets

Coffee

Desserts (*new*)

Market

Cashiers

Cultural Currater (*new*)

**** First Pavilion meting to be held Wednesday, February 5th at 7p.m. in the Community Hall**

Daughters of Penelope Dinner Meeting

Where: Western Pizza - South Albert **When**: Tuesday February 18, 2020 at 6:30 p.m.

Pizza and Beer or Soft Drink Night

RSVP by - Sunday February 16, 2020
Fotini Gargatzidis - (306)584-9209 or Sophia Kolitsas - (306)535-9811

Ladies of Philoptochos Society

The Ladies of Philoptochos Society invites you to lunch, Sunday February 23rd following Church Services at the Community Hall.

Lunch features: Spaghetti and meat sauce with salad and dessert.
The same day we will celebrate St. Philothei's feast day, the patron saint of Philoptochos, with artoklasia.
There will be no tickets sold, however a collection tray will be passed around.
Please join us for a lovely lunch and at the same time help the work of the Philoptochos!

¤

Next Philoptochos meeting will be held on Monday February 17th at the Community Hall.

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What is Soul Saturday?

Soul Saturdays are days set for the commemoration of the dead. There are two Saturdays of Souls in February: February 22nd and February 29th. On this day, we hold memorial services and have koliva (boiled wheat) blessed in the church, give alms, and perform various works of mercy. The "koliva" is prepared and offered as a symbol of the Resurrection of the dead, recalling the words of our Lord: "Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears fruit." (John 12:24). Memorial services, liturgies, acts of charity and all the other things which are performed on behalf of the dead, are of special importance for those who have died in wars, catastrophes and disasters, in wildernesses, on the seas, in all manner of ways, particularly if they had no-one to take an interest in their soul. This care of the Church for the dead is also a great lesson for the living, because it calls upon them to be aware of their sinfulness, in repentance and firm preparation for the salvation of their soul in God's eternity.

All these practices are of great benefit to the departed souls. There are many proofs that the souls of the departed can be greatly benefited by what is done in their behalf. St. Marcarios the Egyptian once saw the dry skull of a pagan by the road on his way, and asked, saying, "Do you ever have any kind of consolation in Hades?" And the skull answered, "Yes, Father, especially when you pray for the sake of the dead; abundant is the comfort which we then enjoy." The great man became very happy, because he always prayed for the dead and wished to be assured of the results of his intercessions.

Saint John Chrysostom says: 'Let us concern ourselves for the good of our dead. Let us provide them with the proper assistance- offerings and acts of charity- because this brings them great relief, profit and benefit. Because such things were not ordained by chance, but were handed down to the Church by the Lord's most wise Disciples and Apostles. The priest is to commemorate the faithful departed over the spotless Sacraments'. And he adds: 'Those who forget and neglect to perform the dues of the dead bear responsibility and sin'.

Until Christ's Second Coming, whatever is done for the souls of the dead is beneficial, as the Fathers say, particularly to those who had done some small good deeds when they were among the living. Even if the divine Scriptures declare certain things as needed for the chastening of the majority, yet as a rule **God's love for man prevails**. For if the balance of good and shameful deeds is even, God's love for man prevails. If the scale is weighed down a little by evil deeds, again His exceeding goodness prevails.

ΨΥΧΟΣΑΒΒΑΤΑ—Η Ορθόδοξος Εκκλησία μας, μας διδάσκει ότι υπάρχει στενός δεσμός μεταξύ των ζώντων και των κεκοιμημένων. Ο δεσμός αυτός είναι ο δεσμός της προσευχής, και η Εκκλησία μας παροτρύνει να προσευχώμεθα τακτικά δια τας ψυχάς των κεκοιμημένων συγγενών και φίλων. Ως εκ τούτου, η Αγία μας Ορθόδοξος Εκκλησία έχει ορίσει ορισμένα Σάββατα του έτους ως Σάββατα των Ψύχων η ΨΥΧΟΣΑΒΒΑΤΑ!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 9:00 a.m. Our Lord's Presentation in the Temple	3	4	5	6	7	8
9 9:00 a.m. Triodion Begins Sunday of the Publican and the Pharisee	10 9:00 a.m. Charalambmos the Holy Martyr	11	12	13	14	15
16 9:00 a.m. Sunday of the Prodigal Son	17 **7:00 p.m.** Service will be held in **Yorkton** 7:30 p.m. Ladies of Philoptochos meeting	18	19 **7:00 p.m.** Service will be held in **Swift Current**	20	21	22 9:00 a.m. 1st Soul Saturday
23 9:00 a.m. Meatfare Sunday	24	25	26	27	28	29 9:00 a.m. 2nd Soul Saturday

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