ST. PAUL'S GREEK ORTHODOX COMMUNITY OF REGINA

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Vol. 27, No. 2
Μάρτιος / March 2020
Submission deadline: Mar. 15th
Secretary:
Marina Sellis
Marina_sellis@hotmail.com

COMMUNITY NEWS

Greek School:

The Greek School commemorated the Three Hierarchs with a luncheon on Sunday, January 26th following service. The Greek school Board members and the PTA would like to thank ***The Cottage Restaurant*** for their generous lunch donation, and the parent volunteers who helped serve and clean up to make this a successful event. The event was very well attended and $2675 was raised that day for our school.

Also on that day, representatives of the Greek Golf Charity presented a cheque for $4,000 for the Greek School. The Greek Golf Charity has been a generous supporter of our Greek School since 1998. Thank-you.

Daughters of Penelope Grand President & District Governor Visitation

Please come out to welcome our Grand President Celia Kashmarski and District 24 Governor Christina Andrews. The Daughters will be having a Dinner Meeting at:

The Cottage Restaurant

Sunday March 8, 2020 at 5:30 p.m.

*** Order off the Menu ***

RSVP by - Friday March 6, 2020 at Fotini Gargatzidis (306)584-9209 or Sophia Kolitsas (306)535-9811

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Also the **Daughters of Penelope** would like to thank everyone for their winter coat donations. This year all coats were donated to the Carmichael Outreach Centre. Approximately 27 coats were collected for the coat drive. Thank you again for your generosity.

DAY	PROGRAM	SERVICES	TIME
Sunday March 1st	**Κυριακή της Τυροφάγου** Cheesefare Sunday	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Wednesday March 4th	Presanctified Liturgy	**Προηγιασμένη Λειτουργία**	7:00 to 8:30 p.m.
Friday March 6th	**1st Stanza of Salutations**	**Α΄Χαιρετισμοί**	7:00 to 8:00 p.m.
Saturday March 7th	**Γ' Ψυχοσσάβατον** 3rd Soul Saturday	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy **Τρισάγιον** - Trisagion	9:00 to 10:45 a.m.
Sunday March 8th	**Κυριακή της Ορθοδοξίας** Orthodoxy Sunday	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Great Lent Vesper Service to be held at **Holy Spirit Ukrainian Orthodox Church**, **Regina**. All the Orthodox Priests will be in attendance. Vesper at 5:00 p.m.		
Wednesday March 11th	Presanctified Liturgy Services will be held: Life Giving Font Church **Swift Current**	**Προηγιασμένη Λειτουργία**	7:00 p.m.
Friday March 13th	**2nd Stanza of Salutations**	**Β΄Χαιρετισμοί**	7:00 to 8:00 p.m.
Sunday March 15th	**Β΄Κυριακή Νηστειών** Second Sunday of Lent **Γρηγορίου Παλαμά** Gregory Palamas	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Great Lent Vesper Service to be held **at Life Giving Font Greek Orthodox Church, Swift Current**. All the Orthodox Priests will be in attendance. Vesper at 5:00 p.m.		
Monday March 16th	Presanctified Liturgy Services will be held: **SS. Anargyroi *Church Yorkton***	**Προηγιασμένη Λειτουργία**	7:00 p.m.
Wednesday March 18th	Presanctified Liturgy	**Προηγιασμένη Λειτουργία**	7:00 to 8:30 p.m.
Friday March 20th	**3rd Stanza of Salutations**	**Γ΄Χαιρετισμοί**	7:00 to 8:00 p.m.
Sunday March 22nd	**Της Σταυροπροσκύνησεως** Cross Veneration **Γ' Κυριακή Νηστειών** - Third Sunday of Lent	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Greek Independence Day Celebration to follow after Church service		
	Great Lent Vesper Service to be held at **St. George Orthodox Cathedral, Regina**. All the Orthodox priests will be in attendance. Vespers at 5:00 p.m.		

DAY	PROGRAM	SERVICES	TIME
Tuesday March 24th	**Ο Ευαγγελισμός της Θεοτόκου** Annunciation of Theotokos	**Εσπερινός** Vesper	7:00 to 8:00 p.m.
Wednesday March 25th	**Ο Ευαγγελισμός της Θεοτόκου** Annunciation of Theotokos	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 10:30 a.m.
Friday March 27th	**4th Stanza Salutations**	**Δ΄Χαιρετισμοί**	7:00 to 8:00 p.m.
Sunday March 29th	**Δ΄Κυριακή Νηστειών** Fourth Sunday of Lent **Ιωάννου Κλίμακος** John Climacus	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Great Lent Vesper Service to be held at **Holy Trinity Church, Moose Jaw**. All the Orthodox Priests will be in attendance. Vesper at 5:00 p.m.		

Baptism:

February 1st: **Leo Clark George,** son of Panayioti Yannitsos and Brittany Thomson
Godparent: Panayioti Kourles and Eva Kapnoudhis

Great Lent, Holy Week, and Pascha in the Orthodox Church:

For all of you that get the bulletin via email, the following link provides great information about the Lent Period and Holy Week: https://www.goarch.org/lent

Μην περιορίζεις το καλό της νηστείας μόνο στην αποχή από το φαγητό. Γιατί πραγματική νηστείεα είναι να μην κάνεις τίποτε άδικο. Να λύνεις κάθε δεσμό αδικίας. Συγχώρησε τον πλησιόν σου για το κακό που σου έκανε και ξέχασε αύτα που σου χρωστάει. Η νηστεία σας να είναι καθαρή από δικαστικές πράξεις και προστριβές.»

Μέγα Βασίλειος

Orthodox Christians will begin observing the Great Lent on **Monday, March 2nd**, in preparation for Easter, the most sacred and holy day of the Orthodox Church's ecclesiastical calendar, which will be observed this year on April 19th. The Eastern Orthodox Lent always begins on Monday, which is designated as "Clean Monday" or literally translated, the "Monday of cleansing or purification". The day when Orthodox faithful begin a spiritual and moral purification through fasting, prayer, meditations, repentance, attending Lenten religious services and partaking of the Sacraments of Confession and Communion.

Fasting was practiced by the Lord Himself. After prayer and fasting for forty days in the wilderness, the Lord victoriously faced the temptations of the devil (Matthew 4:1-11). The Lord himself asked the disciples to use fasting as an important spiritual weapon to achieve spiritual victories (Matthew 17:21; Mark 9:29; Luke 2:37). The example of the Lord was followed by His disciples (Acts 14:23; 27:9; 1 Corinthians 7:5; 2 Corinthians 6:5, 11:27, etc.)

SAINT PAUL'S GREEK ORTHODOX CHURCH • PROGRAM FOR MARCH 2020
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ Ο ΑΓΙΟΣ ΠΑΥΛΟΣ • ΜΑΡΤΙΟΣ 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 a.m. Cheesefare Sunday	2	3	4 7:00 p.m. Presanctified Liturgy	5	6 7:00 p.m. 1st Stanza of Salutations	7 9:00 a.m. 3rd Soul Saturday
8 9:00 a.m. Orthodoxy Sunday 5:00 p.m. Great Lent Vesper Service at Holy Ghosts Ukrainian Orthodox Church	9	10	11 7:00 p.m. Service held: Life Giving Font Church Swift Current	12	13 7:00 p.m. 2nd Stanza of Salutations	14
15 9:00 a.m. Second Sunday of Lent 5:00 p.m. Great Lent Vesper Service at Life Giving Font in Swift Current	16 7:00 p.m. Service held: SS. Anargyroi Church Yorkton 7:30 p.m. Ladies of Philoptochos Meeting	17	18 7:00 p.m. Presanctified Liturgy	19	20 7:00 p.m. 3rd Stanza of Salutations	21
22 9:00 a.m. Cross Veneration Third Sunday of Lent 5:00 p.m. Great Lent Vesper Service at St. George Orthodox Cathedral	23	24 7:00 p.m. Annunciation of Theotokos	25 9:00 a.m. Annunciation of Theotokos	26	27 7:00 p.m. 4th Stanza of Salutations	28
29 9:00 a.m. Fourth Sunday of Lent 5:00 p.m. Great Lent Vesper Service at Holy Trinity Church in Moose Jaw	30					

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Keep dreaming, but start planning

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