ST. PAUL'S GREEK ORTHODOX COMMUNITY OF REGINA

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Community Priest:
Rev. Fr. Spyridon Vandoros
Phone: 306-585-9359

Council President:
Chris Perentes
Phone: 306-537-9447

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September 2020
Σεπτέμβριος 2020
Submission deadline: September 15th
Secretary:
Marina Sellis
Marina_sellis@hotmail.com

COMMUNITY NEWS

Church Services:

The Church is allowed to have 30% capacity up to 150 people. We can accommodate approximately 85 to 100 people in the main part of the church and the choir loft. After that people can go to the Church Hall where the video feed will be available. If you arrive and are told that we have reached capacity for the Church, we respectfully ask that you light a candle, venerate the icons and exit the Church immediately. Please respectfully follow the advice of the Epitropous and Council Members regarding seating.

When entering the Church please use the sanitizing gel that is available at both entrances. We ask that when lighting your candles, please avoid congestion and respect social distancing. Also we ask that family members sit close together and allow proper spacing between yourselves and those that are not part of your regular social bubble.

Those wishing to take Holy Communion must follow the directions of Fr. Spiro. Holy Communion will be given at the end of the service once everyone else has received antithoron. Please leave the church quickly at the end of the service to prevent congestion in the aisle. Conversation with others can be done outside where there is more space for social distancing. Lastly, altar Boys are welcome to attend; however, only four can be in the altar at each service. Please contact Fr. Spiro to let him know if you are going to attend.

More detailed information will be communicated by email, Facebook and the church website.

Daughter of Penelope 2020-2021 Greek Dancing Term

Due to the uncertainty of Covid and the possibility of a second wave in the fall, the Daughters committee has decided to postpone Greek Dancing till after Christmas. As of right now the start date will be Monday January 11, 2021. This is all dependent on the Covid situation in the months ahead.
If you have any questions or concerns please contact - greekdancingdop@gmail.com

St. Paul's Greek Orthodox Leadership Scholarship

We invite all graduates of high school and/or post-secondary studies to apply for the St. Paul's Greek Orthodox Leadership Scholarship 2020! Due to this year's anomaly of the pandemic, the deadline for applications has been extended to **Tuesday September 15th**. The scholarship application is available on the Church website at http://gocregina.com/leadership-scholarship/.

For more information, please contact:
George Tsiklis (306) 450-4299 or Fay Bobetsis (306) 550-3597

SAINT PAUL'S GREEK ORTHODOX CHURCH • PROGRAM FOR SEPTEMBER 2020
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ Ο ΑΓΙΟΣ ΠΑΥΛΟΣ • ΣΕΠΤΕΜΒΡΙΟΣ 2020

DAY	PROGRAM	SERVICES	TIME
Sunday September 6th	**13η Κυριακή του Ματθαίου** 13th Sunday of Matthew	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:00 a.m.
Tuesday September 8th	**Γενέσιον της Θεοτόκου** Nativity of the Theotokos	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	6:30 to 8:00 p.m.
Sunday September 13th	**Κυριακή προ της Υψώσεως** Sunday before the Elevation of the Holy Cross	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:00 a.m.
Monday September 14th	**Η Ύψωσις του Τιμίου Σταυρού** Cross Elevation – Strict Fast	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	6:30 to 8:00 p.m.
Thursday September 17th	**Της Αγίας Σοφίας** Great Martyr Sophia and Her three daughters	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	6:30 to 8:00 p.m.
Sunday September 20th	**Κυριακή μετά της Υψώσεως** Sunday after the elevation of the Holy Cross	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:00 a.m.
Sunday September 27th	**1η Κυριακή του Λουκά** First Sunday of Luke	**Όρθρος & Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:00 a.m.
Monday September 28th	Service will be held: SS. Anargyroi, **Yorkton**	**Θεία Λειτουργία** Divine Liturgy	7:00 p.m.
Wednesday September 30th	Service will be held: Life Giving Font, **Swift Current**	**Θεία Λειτουργία** Divine Liturgy	7:00 p.m.

Baptisms:

July 26th: **Aggeliki Robyn Frances**, daughter of Chad Kaglea and Kristina Athanasopoulos; **Godparent:** Nancy Mamais

August 22nd: **Violette Rebecca Constantina**, daughter of Alexander Anderson and Aggeliki Nathanail; **Godparents:** Sophie Nathanail, Maria Nathanail

Mnimosina:

September 20th: 40 day memorial service for **Lambros (Ross) Yannoulis**.
September 27th: 6 month memorial service for **Maria Dimas**

Funeral:

The servant of God **Kelly Selimos** fell asleep in the Lord on July 7th.
The servant of God **Lambros Ross Yannoulis** fell asleep in the Lord on August 12th.

September 14th – Cross Elevation

The Feast of the Universal Exaltation of the Precious and Life-Giving Cross is celebrated each year on **September 14.** The Feast commemorates the finding of the True Cross of our Lord and Savior Jesus Christ by Saint Helen, the mother of the Emperor Constantine.

In the twentieth year of his reign (326), the Emperor Constantine sent his mother Saint Helen to Jerusalem to venerate the holy places and to find the site of the Holy Sepulchre and of the Cross. Relying upon the oral tradition of the faithful, Saint Helen found the precious Cross together with the crosses of the two thieves crucified with our Lord. However, Helen had no way of determining which the Cross of Christ was. With the healing of a dying woman who touched one of the crosses, Patriarch Macarius of Jerusalem identified the True Cross of Christ. Saint Helen and her court venerated the Precious and Life-Giving Cross along with many others who came to see this great instrument of Redemption.

The Patriarch mounted the ambo (pulpit) and lifted the Cross with both hands so that all of the people gathered could see it. The crowd responded with ***"Lord have mercy".*** This became the occasion of the institution in all of the Churches of the Exaltation of the Precious Cross, not only in memory of the event of the finding of the Cross, but also to celebrate how an instrument of shame was used to overcome death and bring salvation and eternal life.

The Feast is an opportunity outside of the observances of Holy Week to celebrate the full significance of the victory of the Cross over the powers of the world, and the triumph of the wisdom of God through the Cross over the wisdom of this world. This Feast also gives the Church an opportunity to relish the full glory of the Cross as a source of light, hope and victory for Christ's people. It is also a time to celebrate the universality of the work of redemption accomplished through the Cross: the entire universe is seen through the light of the Cross, the new Tree of Life which provides nourishment for those who have been redeemed in Christ.

This Feast of our Lord is celebrated with the Divine Liturgy of Saint John Chrysostom, which is conducted on the day of the feast and preceded by the Matins service. On the day of the Feast at the conclusion of the Matins or of the Divine Liturgy, a special service is held. The Cross is placed on a tray surrounded by branches of basil and is taken in solemn procession through the church to the chanting of the Hymn of the Feast. The tray is placed on a table, and the priest takes the Cross and offers petitions from each side of the table, the four directions of the compass. This represents the universal nature of the offering of Christ upon the Cross. As the people respond by chanting **"*Lord have mercy*",** the priest raises and lowers the cross, a commemoration of its finding and exaltation. At the conclusion of the service, the people come and venerate the cross and receive the basil from the priest. The basil is used and offered, as it was the fragrant flower growing where the Cross was found.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 9:00 a.m. 13th Sunday of Matthew	7	8 6:30 p.m. Nativity of Theotokos	9	10	11	12
13 9:00 a.m. Sunday before the Elevation of the Holy Cross	14 6:30 p.m. Cross Elevation	15	16	17 6:30 p.m. Great Martyr Sophia and Her three daughters	18	19
20 9:00 a.m. Sunday after the elevation of the Holy Cross	21 7:30 p.m Philoptochos meeting	22	23	24	25	26
27 9:00 a.m. First Sunday of Luke	28 Service will be held in SS. Anargyroi, **Yorkton**	29	30 Service will be held in Life Giving Font Church, **Swift Current**			

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