ST. PAUL'S GREEK ORTHODOX COMMUNITY OF REGINA

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Konstantine Giannoutsos
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Αύγουστος 2021
Submission deadline: August 15th
Secretary: Marina Sellis
Marina_sellis@hotmail.com

COMMUNITY NEWS

All Capacity and Masking Restrictions Ending as of July 11th

On June 20, 2021, the Government of Saskatchewan announced that the full implementation of Step 3 of the Re-Opening Roadmap will occur on Sunday, July 11. At that time, **all public health orders will be removed**. This includes the removal of the province-wide mandatory masking order, and the removal of limits on events and gathering sizes.

What this means is that after the summer break when our church services begin on August 1st, there will be no limits as to the number of people attending and no distancing restrictions. Masks will no longer be mandatory; however, you can still wear one if you prefer. Icons can be venerated in the usual manner (kissing) and Holy Communion will be provided as it was before the pandemic.

On behalf of Fr. Spiro and the Community Council, I would like to thank everyone for their patience, understanding and support during this difficult time over the past 16 months. We look forward to seeing you all in August.

-Konstantine Giannoutsos, President

Regina Arisba Chapter #131

The Daughters of Penelope , Regina Arisba Chapter #131, offer the following scholarship awards annually:

Dominicky Sinis Memorial Scholarship: $1,000
Daughters of Penelope Arisba #131: $500.00
Application deadline: July 17th
For more information please visit DOP Scholarships – St. Paul's Greek Orthodox Church (gocregina.com)
or contact Sophia Kolitsas (306) 535-9811, skolitsas@hotmail.com

Daughters of Penelope dues are due for the 2020 & 2021 term. Please contact Cassandra Karahalios at 306-586-0331 or Sophia Kolitsas at 306-535-9811 if you have any questions.

JOB POSTING
Principal - St. Paul's Greek Heritage Language School

Now accepting qualified applicants

St. Paul's Greek Heritage Language School is accepting applicants for the position of Principal to begin following the end of the current school year. The Principal of St. Paul's Greek Heritage Language School reports directly to the Greek School Board and its President. The School operates under the auspices of St. Paul's Greek Orthodox Community of Regina.

Interested candidates should send their resume to **St. Paul's Greek Heritage Language School, c/o St. Paul's Greek Orthodox Church, 3000 Argyle Road, Regina, SK S4S 2B2 Attention: Selection Committee** or by email to: st.pauls@sasktel.net

DAY	PROGRAM	SERVICES	TIME
Sunday August 1st (Dormition Fast Begins)	**6η Κυριακή του Ματθαίου** 6th Sunday of Matthew	**Όρθρος και Θεία Λειτουργία & Παράκλησης** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Every evening on the following dates: August 2, 3, 4, 10, 12, 13 we have Paraklesis Service 7:00 to 8:00 p.m.			
Thursday August 5th	**Για την Εορτή της Μεταμορφώσεως** Commemoration of Our Lord's Transfiguration	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	6:30 to 8:00 p.m.
Sunday August 8th	**7η Κυριακή του Ματθαίου** 7th Sunday of Matthew	**Όρθρος και Θεία Λειτουργία & Παράκλησης** Orthros & Divine Liturgy	9:00 to 11:00 a.m.
Monday August 9th	Services will be held: SS. Anargyroi Church **Yorkton**	**Θεία Λειτουργία** Divine Liturgy	7:00 p.m.
Wednesday August 11th	Services will be held: Life Giving Font **Swift Current**	**Θεία Λειτουργία** Divine Liturgy	7:00 p.m.
Saturday August 14th	**Κοίμησης της Θεοτόκου** Forefeast of the Dormition of the Most Holy Theotokos	**Εσπερινός** Vespers & Office of Lamentations	7:00 to 8:30 p.m.
Sunday August 15th	**Κοίμησης της Θεοτόκου** Forefeast of the Dormition of the Most Holy Theotokos	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30a.m.
Sunday August 22nd	**9η Κυριακή του Ματθαίου** Ninth Sunday of Matthew	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:00 a.m.
Sunday August 29th	**Αποτομή Τιμίας Κεφαλής Ιωάννου Προδρόμου** Beheading of St. John the Baptist	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:00 a.m.

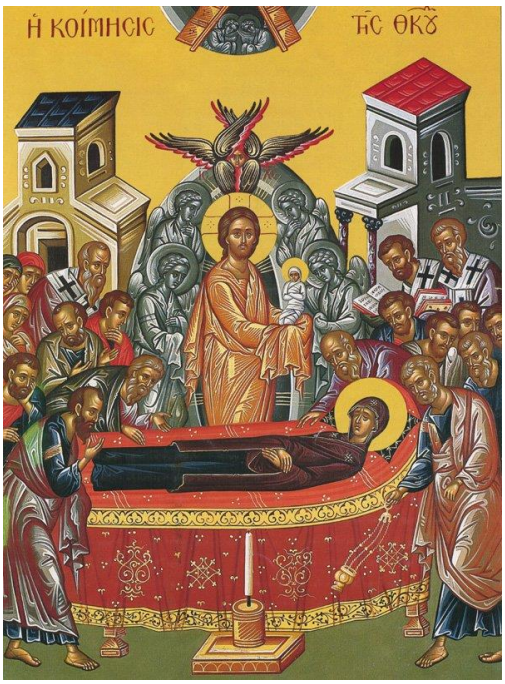
Baptism: (Yorkton) June 5th, David James, fiancé of Rena Stamatinos. Godparent: George Stamatinos

Greek School will start the 2021 – 22 school year on September 18th, 2021.
Registrations for Preschool to Grade 6 will begin on September 11th, 2021. We are looking forward to seeing you again in Greek School.

Dormition of the most Holy and Blessed Theotokos – August 15th

The Feast of the Dormition of Our Most Holy Lady, the Theotokos and Ever-Virgin Mary is celebrated on August 15 each year. The Feast commemorates the repose (dormition and in the Greek kimisis) or "falling-asleep" of the Mother of Jesus Christ, our Lord. The Feast also commemorates the translation or assumption into heaven of the body of the Theotokos.

***Apolytikion**: In birth, you preserved your virginity; in death, you did not abandon the world, O Theotokos. As mother of life, you departed to the source of life, delivering our souls from death by your intercessions.*



The Service of Supplication: Paraklesis

The Service of Supplication, also known as *Paraklesis*, is one offered at times of sickness, temptation or discouragement. The various prayers ask the Lord for guidance, personal strength and healing. Many of the hymns and prayers are directed toward the Theotokos and they ask for her assistance.

Orthodoxy affirms that each of us, with the Theotokos, the Saints and the faithful departed is united in a bond of faith and love in Christ. Therefore, just as in this life we can turn to each other for prayer, the Church believes that we can also turn to the Theotokos and ask her to pray to God for us. This belief is expressed in the hymn which says:

O never failing protectress of Christians and their ever-present intercessor before the Creator; despise not the petitions or sinners who have recourse to you, by your goodness extend your help to us to call upon you with confidence. Has O Theotokos, to intercede for us, O who has always protected those who honour you.

There are two forms of the Service of Supplication: the Greater and the Lesser. It is Lesser Service of Supplication which is briefer and the one most frequently offered. The service is offered during first fourteen days of August which precedes the Feast of the Dormition of the Theotokos celebrated on August 15.

It should be noted that the paraklesis is a service for the living, as opposed to a memorial service which is a supplication for the departed.

The Icon of the Feast of the Dormition of the Theotokos shows her on her deathbed surrounded by the Apostles. Christ is standing in the center looking at His mother. He is holding a small child clothed in white representing the soul of the Virgin Mary. With His golden garments, the angels above His head, and the mandorla surrounding Him, Christ is depicted in His divine glory. The posture of the Apostles direct attention toward the Theotokos. On the right Saint Peter censes the body of the Theotokos. On the left Saint Paul bows low in honor of her. Together with the Apostles are several bishops and women. The bishops traditionally represented are James, the brother of the Lord, Timothy, Heirotheus, and Dionysius the Areopagite. They are shown wearing episcopal vestments. The women are members of the church in Jerusalem.

This great Feast of the Church and the icon celebrates a fundamental teaching of our faith—the Resurrection of the body. In the case of the Theotokos, this has been accomplished by the divine will of God. Thus, this Feast is a feast of hope, hope in Resurrection and life eternal. Like those who gathered around the body of the Virgin Mary, we gather around our departed loved ones and commend their souls into the hands of Christ. As we remember those who have reposed in the faith before us and have passed on into the communion of the Saints, we prepare ourselves to one day be received into the new life of the age to come. We also affirm through this Feast as we journey toward our heavenly abode that the Mother of God intercedes for us. Through Christ she has become the mother of all of the children of God, embracing us with divine love.

SAINT PAUL'S GREEK ORTHODOX CHURCH • PROGRAM FOR AUGUST 2021
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ Ο ΑΓΙΟΣ ΠΑΥΛΟΣ • ΑΥΓΟΥΣΤΟΣ 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 a.m. 6th Sunday of Matthew	2 7:00 p.m. Parakleseis Service	3 7:00 p.m. Paraklesis Service	4 7:00 p.m. Paraklesis Service	5 6:30 p.m. Commemoration of our Lord's Trasfiguration	6	7
8 9:00 a.m. 7th Sunday of Matthew	9 7:00 p.m. Service will be held: St. Anargyroi Church, **Yorkton**	10 7:00 p.m. Paraklesis Service	11 7:00 p.m. Service will held: Life Giving Font Church, **Swift Current**	12 7:00 p.m. Paraklesis Service	13 7:00 p.m. Paraklesis Service	14 7:00 p.m. Forefeast of the Dormition of the Most Holy Theotokos
15 9:00 a.m. Forefeast of the Dormtion of the Most Holy Theotokos	16	17	18	19	20	21
22 9:00 a.m. Ninth Sunday of Matthew	23	24	25	26	27	28
29 9:00 a.m. Beheading of St. John the Baptist	30	31				

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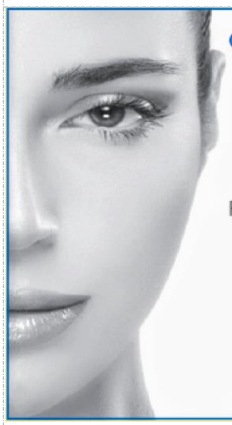

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