ST. PAUL'S GREEK ORTHODOX COMMUNITY OF REGINA

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Council President:
Konstantine Giannoutsos
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Vol. 29, No. 10
November 2022
Νοέμβριος 2022
Submission deadline: November 15th
Secretary: Marina Sellis
Marina_sellis@hotmail.com

COMMUNITY NEWS

On behalf of the community council I would like to thank everyone for their support in making GIFFT (Greek International Film Festival Tour) a great success!!! Regina topped the charts as one of the most attended cities in Canada. Thanks to our volunteers, sponsors, committee members and community.

Konstantine Giannoutsos
Council President

Daughters of Penelope - Founders Day Dinner Meeting

A night out to celebrate both our Past and Present Members!
Place: Memories Dining & Bar
Date: Thursday November 10
Time: 6:00pm
$40 per person includes tax and tip

Pins will be presented so please make every effort to attend. Perhaps, consider inviting younger members with fresh ideas to join and come out.
Please RSVP by November 7th: Sophia at (306) 535-9811 or Fotini at (306) 584-9209

The Ladies of St. Paul's Greek Orthodox Church of Regina
2022 Bake Sale – Pre-orders ONLY
Featuring Greek Pastry and Appetizers
One day only – Saturday, December 3rd
10:00 a.m. – 3:00 p.m. (pick up only)

Please place your order by **November 20th**
Email: phyloptochos@sasktel.com or
Phone Toula at 306-586-4083
Payment by e-transfer, cheque or cash ONLY
If you would like to make any monetary donation towards the ingredients needed for all the baking please contact Toula Perdicaris

DAY	PROGRAM	SERVICES	TIME
Tuesday November 1st	**Κοσμά και Δαμιανού των Αναργύρων** Kosmas & Damian the Unmercenaries	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 10:30 a.m.
Sunday November 6th	**7η Κυριακή του Λουκά** 7th Sunday of Luke	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Tuesday November 8th	**Των Παμμεγίστων Ταξιαρχών - Νεκταρίου Πενταπόλεως εν Αιγίνη** Synaxis Michael, Gabriel - Nektarios of Pentapolis	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	6:30 to 8:00 p.m.
Sunday November 13th	**Του Αγίου Ιωάννη του Χρυσοστόμου** St. John Chrysostom	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Sunday November 20th	**9η Κυριακή του Λουκά** 9th Sunday of Luke	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Monday November 21st	Service will be held: SS. Anargyroi Church - **Yorkton**	**Θεία Λειτουργία** Divine Liturgy	7:00 p.m.
Wednesday November 23rd	Service will be held: Life Giving Font **Swift Current**	**Θεία Λειτουργία** Divine Liturgy	7:00 p.m.
Thursday November 24th	**Αικατερίνης της Μεγαλομάρτυρος** Great Martyr Katherine	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	6:30 to 8:00 p.m.
Sunday November 27th	**13η Κυριακή του Λουκά** 13th Sunday of Luke	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
Wednesday November 30th	**Ανδρέου του Πρωτοκλήτου** Apostle Andrew, First Called	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 10:30 a.m.

Memorial Services:
November 13th: three year memorial service for Lamprine Kokonas

Baptism:
October 1st: Mya Alexandra, daughter of Dakota Wagman and Deanna Hamilton
Godparent: Stephanie Thompson
October 8th: Marissa Marie fiancé of Niko Milette **Godparent:** Alexandra Fourlas
October 15th: Dimitrios Dionysius, son of Chad Kaglea and Kristina Athanasopoulos
Godparent: Maria Sophia Husain

November 21st – Entrance of the Theotokos

It stands to reason that Almighty God's selection of the Virgin Mary to be the Mother of God was not a random selection. In his wisdom, God selected not from the nobility but from the humble, thoroughly devout, daughter of equally devout parents whose names were Joachim and Anna.

Tradition has it that Anna, childless for many years, reached a point in her life when just short of despair she prayed in earnest that God grant her a child with a promise that should her wish be fulfilled she would pledge the child to his holy Temple. It did not matter to Anna that the child granted her by God was a girl and, faithful to her word, she presented her daughter, given the name of Mary, to the holy Temple at the age of three, on the 21st of November. She remained in the house of God for twelve years, emerging at the age of fifteen with a purity and wholesomeness found in no other creature of God.
By the time she had been released to her parents, the saintly Mary was not only a flawless maiden but in her twelve years had acquired the lore and religion of the deepest scholars, something usually denied a female child of those days. The Virgin Mary is looked upon by Orthodoxy as **"Panagia,"** which translates into the all-encompassing saint. Greek Orthodox Christians need but one name and that name is "Panagia," carrying the full impact on the language.

The beginnings of Christianity were not the scattered remnants that somehow merged into a smattering, of ideologies. By divine intent the great religion of Christ stemmed from a tight circle which spread itself out as the greatest of human experiences. To begin with, the high priest entrusted with the care of Mary was Zacharias, who in turn was the father of St. John the Baptist, referred to as the prefiguration of the Messiah and the man who was to baptize Jesus Christ. Yet in her teens the Virgin Mary, in a story that cannot be told often enough, was visited by the Archangel Gabriel, sent by the Almighty himself to be told that she, a wisp of a girl, mortal but blessed, was to become the mother of the Son of God. There is every reason to believe that as electrifying as the news was, she received it with both joy and complete serenity. Being elected "Queen of Many" can excite a girl but to be "Queen of the Universe" must have been an anticipation not of excitement but the sublimest of joy, human or otherwise. It follows that both Joachim and Anna, as the grandparents so to speak, of the Son of God, are also venerated as saints of the Church.

There are four days in the calendar year dedicated to the Theotokos. These are the Birth of the Blessed Virgin Mary on September 8, the Presentation of the Virgin Mary on November 21, the Annunciation of the Virgin Mary on March 25, and the Dormition of the Virgin Mary on August 15. On the calendar of the Church, all four of these days are of equal importance.

Stories abound about the Virgin Mary but the truthful one that clings and shall do so forever is that in being the mother of the Son of God, she is the mother of the world. For this reason November 21 is one of Christianity's holiest feast days.

Daughters of Penelope Hellenic Dance

Start: Monday January 9th at Sask-Express and every Monday
5:45-6:45pm: Group 1: *Greek School Grade 1* (Age 6 at the end of Dec 2022) and
Group 2: *Greek School Grades 2,3,4* (Ages 7-9)
6:45-7:45pm: Group 3: *Greek School Grades 5,6* (Ages 10-11) and Group 4: (Ages 12-13)
7:45-8:45pm: Group 5 (Ages 14-15) and Group 6 (Ages 16-17)
Please feel free to contact us at greekdancingdop@gmail.com for the registration form and any questions you might have.

Nominations now open for the Community Council for the two-year term, January 1, 2023 to December 31, 2024.

St. Paul's Community Council is asking you to consider volunteering your time and talents by putting your name forward as a candidate for the Community Council. The Community Council consists of 15 members. Thirteen of the members are elected by the Community, one is appointed by the Philoptochos Board and one is appointed by the Met Youth Board. The Community Priest always sits as a non-voting member of the Council.

If you have any specific questions about becoming a member of the Community Council please contact Fr. Spyridon Vandoros, the Community President, or any current Member of the Community Council. The deadline to submit your nomination form is **Sunday, December 11, 2022**.

Below are the sections of the *Uniform Community Regulations* of the *Greek Orthodox Archdiocese of Canada (2011),* which indicate the eligibility and responsibilities of the candidates for Community Council:

ARTICLE VIII
ELECTION OF COMMUNITY COUNCIL

Section 2: A candidate for the Community Council must be a member in good standing of that Community for at least two full years immediately preceding the date of the election, who lives his or her life and activities in accordance with the faith and canons of the Church, and shall not be a member of a Community Council of another Community.

Section 3: Candidates for election to the Community Council shall be nominated at the last Community Assembly preceding the election. Nominations may be made by a nominating committee or by written nomination by two members of the Community in good standing at least fifteen days prior to the election. All candidates shall have read the Uniform Community Regulations prior to the election date.

ARTICLE IX
RATIFICATION OF ELECTION OF COMMUNITY COUNCIL AND AFFIRMATION OF OFFICE

Section 2: On the last Sunday in December and after ratification of the election has been received from the Archbishop a special ceremony shall be held at the close of the Divine Liturgy in which all the members of the Community Council shall take the affirmation of office jointly. The affirmation shall be administered by the Priest and shall be repeated by each member of the Community Council.

Section 3: Each member or member-elect of the Community Council is obliged, without exception, to take the following affirmation of office and thereafter subscribe his or her name thereto:

> *"I do solemnly affirm that I will uphold the dogma, teaching, traditions, holy canons, worship, and moral principles of the Greek Orthodox Church, as well as the Archdiocesan Charter, discipline, the Uniform Community Regulations of the Greek Orthodox Archdiocese of Canada and the by-laws of the Community, and that I will fulfill faithfully and sincerely the duties and obligations required of a member of the Community Council. So help me God."*

A person refusing to take the affirmation and subscribe to same shall not assume duties as a member of the Council or be elected as an officer of the Community Council.

If you have any specific questions about becoming a member of the Community Council please contact Fr. Spyridon Vandoros, the Community President, or any current Member of the Community Council.

Saint Paul's Greek Orthodox Community of Regina

Greek Orthodox Archdiocese of Canada

Saint Paul's Greek Orthodox Church

Ελληνική Ορθόδοξος Εκκλησία Ο Άγιος Παύλος

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Email: *st.pauls@sasktel.net*

Dear Member:

Those wishing to run for Saint Paul's Greek Orthodox Church Community Council for the January 1, 2023 to December 31, 2024 term are asked to submit their Nomination Form no later than **December 11, 2022**. Please submit completed Nomination Forms to any current Community Council member. The Community Council consists of 15 members (13 to be elected, one to be appointed by Philoptochos and one appointed by MetYouth).
If required, elections will take place on **Sunday, December 18, 2022**.

Konstantine Giannoutsos, President Father Spyridon Vandoros

NOMINATION FORM

We, the undersigned members in good standing of Saint Paul's Greek Orthodox Community of Regina, hereby nominate _____ as a candidate for Community Council Member for the term of January 1, 2023 to December 31, 2024.

Dated this _____ day of _____ 2022.

(1) _____
(Nominator's Name)

_____
(Nominator's Address)

_____
(Nominator's Signature)

(2) _____
(Nominator's Name)

_____
(Nominator's Address)

_____
(Nominator's Signature)

I, the undersigned, accept the nomination:

_____
(Candidate's Name)

_____
(Candidate's Address)

_____
(Candidate's Signature)

Please see the reverse side of this form for more detailed information⇒

SAINT PAUL'S GREEK ORTHODOX CHURCH • PROGRAM FOR NOVEMBER 2022
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ Ο ΑΓΙΟΣ ΠΑΥΛΟΣ • ΝΟΕΜΒΡΙΟΣ 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 a.m. Kosmas and Damian the Unmercenaries	2	3	4	5
6 9:00 a.m. 7th Sunday of Luke	7	8 6:30 p.m. Synaxis Michael, Gabriel & Nektarios of Pentapolis	9	10	11	12
13 9:00 a.m. St. John Chrysostom	14	15	16	17	18	19
20 9:00 a.m. 9th Sunday of Luke	21 7:00 p.m. Service will be held at SS. Anargyroi Church in **Yorkton**	22 7:00 p.m. Ladies of Philoptochos Meeting	23 7:00 p.m. Service will be held at Life Giving Font church in **Swift Current**	24 6:30 p.m. Great Martyr Katherine	25	26
27 9:00 a.m. 13th Sunday of Luke	28	29	30 9:00 a.m. Apostle Andrew, First Called			

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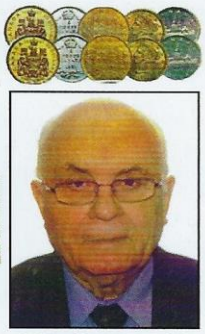

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