ST. PAUL'S GREEK ORTHODOX COMMUNITY OF REGINA

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COMMUNITY NEWS

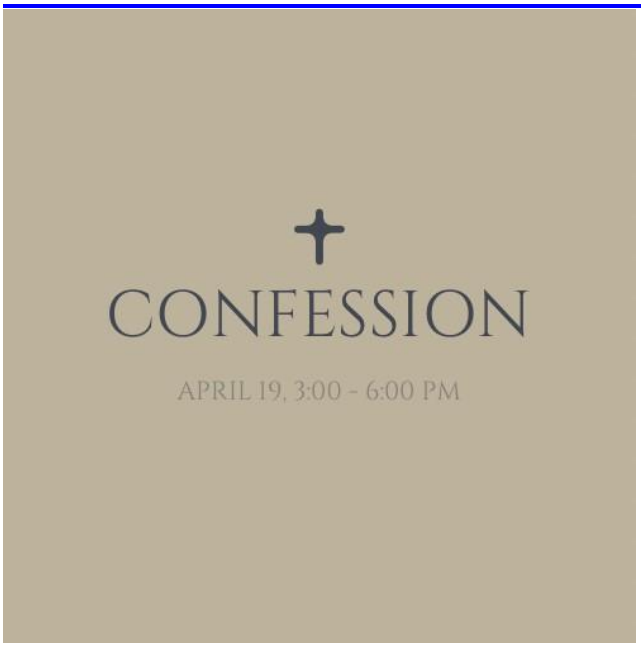
On Monday March 18th, at the Legislative Assembly session, Honourable Laura Ross introduced the two proclamations for "Hellenic Heritage Month" and "Greek Independence Day." Several members of our Greek Community were present and were recognized during the session. We are extremely proud of our heritage and of our current home.

Long Live Greece! Ζήτω η Ελλάς!!!

Memorial services:
April 14th: Six month memorial service for Fotini Kangles
April 21st: Three year memorial services for Dina Yannitsos and Panayioti Perdicaris

SAINT PAUL'S GREEK ORTHODOX CHURCH • PROGRAM FOR APRIL 2024
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ Ο ΑΓΙΟΣ ΠΑΥΛΟΣ • ΑΠΡΙΛΙΟΣ 2024

DAY	PROGRAM	SERVICES	TIME
Wednesday April 3rd	**Προηγιασμένη Θεία Λειτουργία** Divine Liturgy of Presanctified Gifts		7:00 to 8:30 p.m.
Friday April 5th	**Ά Χαιρετισμοί**	3rd Stanza of Salutations	7:00 to 8:00 p.m.
Sunday April 7th	**Της Σταυροπροσκυνήσεως** Cross Veneration	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Great Lent Vesper Services to be held at Descent of the **Holy Spirit Ukrainian Orthodox Church**, **Regina**. All the Orthodox Priests will be in attendance. Vespers at **5:00 p.m.**		
Wednesday April 10th	**Προηγιασμένη Θεία Λειτουργία** Divine Liturgy of Presanctified Gifts		7:00 to 8:30 p.m.
Friday April 12th	**Ά Χαιρετισμοί**	4th Stanza of Salutations	7:00 to 8:00 p.m.
Sunday April 14th	**Ιωάννου Κλίμακος** John Climacus	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Lent Vesper Services to be held at **Holy Trinity Orthodox Church, Moose Jaw**. All the Orthodox Priests will be in attendance. Vespers at **5:00 p.m.**		
Wednesday April 17th	**Προηγιασμένη Θεία Λειτουργία** Divine Liturgy of Presanctified Gifts		7:00 to 8:30 p.m.
Friday April 19th	**Ακάθιστος Ύμνος**	Akathist Hymn	7:00 to 8:30 p.m.
Sunday April 21st	**Μαρίας Αιγυπτίας** Mary of Egypt	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Great Lent Vesper Services to be held at **Saint Nicholas Romanian Orthodox Church, Regina**. All the Orthodox Priests will be in attendance. Vespers at **5:00 p.m**.		
Monday April 22nd	Service will be held: St. Anargyroi Church, **YORKTON**	**Προηγιασμένη Θεία Λειτουργία** Divine Liturgy of Presanctified Gifts	7:00 p.m.
Wednesday April 24th	Service will be held: Lifegiving Font Church, **SWIFT CURRENT**	**Προηγιασμένη Θεία Λειτουργία** Divine Liturgy of Presanctified Gift	7:00 p.m.
Saturday April 27th	**Σαββάτον Του Λάζαρου** Lazarus Saturday	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 10:30 a.m.
Sunday April 28th	**Κυριακή Των Βαΐων** Palm Sunday	**Όρθρος και Θεία Λειτουργία** Orthros & Divine Liturgy	9:00 to 11:30 a.m.
	Ακολουθία του Νυμφίου – Service of Nymphios		7:00 to 8:30 p.m.
Monday April 29th	**ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ** Holy & Great Monday	**Ακολουθία του Νυμφίου** Service of Nymphios	7:00 to 8:30 p.m.
Tuesday – April 30th	**ΜΕΓΑΛΗ ΤΡΙΤΗ -** Holy & Great Tuesday	**Ακολουθία του Νυμφίου** – Service of Nymphios	7:00 – 8:30 p.m.



Sacraments of our Church - Confession

There are special experiences in our life as Orthodox Christians when the perception of God's presence and actions is heightened and celebrated. We call these events of the Church Sacraments. In these special events of the Church, God discloses Himself through the prayers and actions of His people. The Sacrament of Holy Confession has always been an integral part of preparing for Holy Communion in the Orthodox Christian Church.

As members of the Church, we have responsibilities to one another and, of course, to God. When we sin, our relationship to God and to others becomes distorted. Sin is ultimately alienation from God, from our fellow human beings, and from our own true self which is created in God's image and likeness.

Confession is the Sacrament through which our sins are forgiven, and our relationship to God and to others is restored and strengthened. Through the Sacrament, Christ our Lord continues to heal those broken in spirit and restore the Father's love to those who are lost. The priest is the sacramental witness who represents both Christ and His people. The priest is viewed not as a judge, but as a physician and guide. It is an ancient Orthodox practice for every Christian to have a spiritual father to whom one turns for spiritual advice and counsel. Confession can take place on any number of occasions. The frequency is left the discretion of the individual. In the event of serious sin, however, confession is a necessary preparation for Holy Communion.

Confession is not meant to humiliate nor shame a person, but to help him come closer to God. Sin keeps us away from Him. Whatever is said in Confession remains there. Neither the Priest nor the confessee repeats anything. Sins are parted with at the Foot of the Cross. The prayer of Absolution is recited and the burden of sin is lifted. Express the sins which are suppressed in your heart and soul. Confess your sins and prepare yourself for Holy Communion, for prayer and for spiritual renewal and happiness.

Leading up to Easter, you may call Father Spyridon to book an appointment, or on Friday April 19th between 3:00 – 6:00 p.m. Igumen Father Vladimir Lysak will be available for confession at our church.

The Ladies of Philoptochos Society
Annual Palm Sunday Lunch on April 28th

Please join us on Palm Sunday for lunch. There will be two options for lunch:

fish with all the trimmings **or** spaghetti with tomato sauce.

There will be no tickets sold, however a collection tray will be passed around.

Daughters of Penelope - Regina Arisba Chapter #131

Application deadline: June 30th

The Daughters of Penelope , Regina Arisba Chapter #131, offer the following scholarship awards annually:

- **Dominicky Sinis Memorial Scholarship:** $1,000
- **Daughters of Penelope Arisba #131:** $500

Eligibility

- High school graduating student
- A member of the AHEPA Family in good standing for 2 years, as verified by their local chapter. If not a member, then the applicant's Parent(s) / Guardian(s), Grandparent(s) must be a member of the AHEPA Family, in good standing for 2 years, as verified by their local chapter
- A resident of Saskatchewan (includes students from Saskatchewan studying out-of-province)
- You must have applied as a full time student (registered for 3 or more classes) at an accredited university, college or polytechnic school and been accepted in the coming year in order to apply
- Minimum 70% average

For more information please visit DOP Scholarships – St. Paul's Greek Orthodox Church (gocregina.com) or contact Sophia Kolitsas (306) 535-9811, skolitsas@hotmail.com

The Daughters of Penelope would like to thank all the ladies that volunteered to prepare the delicious Greek desserts for the Evening in Greece. The organization cannot thank you enough for all your hard work.

Thank you,
Daughters Of Penelope Arisba Chapter 131

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
Υπουργείο Εσωτερικών

Ευρωεκλογές 2024

Για πρώτη φορά στη χώρα μας ενόψει των ευρωεκλογών της 9ης Ιουνίου 2024, μπορείτε να ψηφίσετε με **επιστολικη ψήφο** #**psifizomeepistoliki**

Η προθεσμία εγγραφής είναι η **29η Απριλίου 2024.**

Οι οδηγίες για την εγγραφή και ο σχετικός σύνδεσμος ακολουθούν: https://www.ypes.gr/epistoliki-ypes-gov-gr-energopoiithike-i-ilektroniki-platforma-tis-epistolikis-psifou-gia-tis-evroekloges-airontai-stin-praxi-ola-ta-praktika-ebodia-gia-tous-ellines-eklogeis/

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ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΟΣ ΕΚΚΛΗΣΙΑ Ο ΑΓΙΟΣ ΠΑΥΛΟΣ • ΑΠΡΙΛΙΟΣ 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 7:00 p.m. Divine Liturgy of Presanctified Gifts	4	5 7:00 p.m. 3rd Stanza of Salutions	6
7 **9:00 a.m.** **Cross Veneration** **5:00 p.m.** **Holy Spirit Ukrainian Orthodox Church, Regina**	8	9	10 7:00 p.m. Divine Liturgy of Presanctified Gifts	11	12 7:00 p.m. 4th Stanza of Salutations	13
14 **9:00 a.m.** **John Climacus** **5:00 p.m.** **Holy Trinity Orthodox Church, Moose Jaw**	15	16	17 7:00 p.m. Divine Liturgy of Presanctified Gifts	18	19 3:00 – 6:00 p.m. Confession 7:00 p.m. Akathist Hymn	20
21 **9:00 a.m.** **Mary of Egypt** **5:00 p.m.** **Saint Nicholas Romanian Orthodox Church, Regina**	22 7:00 p.m. Service will be held at SS. Anargyroi Church in Yorkton	23	24 7:00 p.m. Service will be held in Lifegiving Font Church, Swift Current	25	26	27 9:00 a.m. Lazarus Saturday
28 **9:00 a.m.** **Palm Sunday** **7:00 p.m.** **Service of Nymphios**	29 7:00 p.m. Holy & Great Monday Service of the Nymphios	30 7:00 p.m. Holy & Great Tuesday Service of the Nymphios				

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